

BODY TREATMENTS

LAVENDER DREAM 90 min 165€
Relax. Breathe deep; inhale the calming and balancing benefits of wild lavender in this completely balancing and rejuvenating spa experience. To begin, earthy minerals are combined with lavender's healing properties in an invigorating full body exfoliation. Following is a pampering back, neck and shoulder massage with Organic Lavender Bath & Body Oil and warm healing stones. Next, nourish and relax inside a warm cocoon while a luxurious foot and pressure point scalp massage completes this head-to-toe service.

VALLUGA SIGNATURE
HERBAL KUR TREATMENT 90 min 165€
This luxurious treatment revolves around an old European natural remedy – bathing to soothe the body and mind. The therapeutic treatment begins with a body scrub to stimulate circulation and exfoliate dull surface skin cells, followed by immersing the body in an aromatic bath that warms and relieves aching sore muscles. The treatment finishes with a luxurious massage application of Chamomile Body Lotion.

GINGER RENEWAL 90 min 165€
Time to relax. Starting off with earthy minerals that are combined with ginger's healing properties in an invigorating full body exfoliation. Followed by a full body massage that includes a pampering back, neck and shoulders massage with warm ginger oil and healing stones. Complete this head-to-toe service receiving a luxurious scalp massage inside a warm cocoon.

HANDS & FEETS

SPA MANICURE 45 min 60€
This treatment will help to moisturize dry hands and nails. Includes a nail & cuticle care; a relaxing hand & forearm massage and nail polish of your choice.

MEN EXPRESS MANICURE 30 min 45€
Trim, shape, cuticle tidy, buff and a relaxing hand & forearm massage.

SPA PEDICURE 60 min 75€
Softening foot treatment for men and women. Includes a foot bath, exfoliation, pedicure and a relaxing foot and leg massage, with or without nail polish.

CND SHELLAC MANICURE 55 min 75€
The long-lasting manicure that retains its high gloss shine. Shellac typically lasts for up to 14 days.

CND SHELLAC PEDICURE 70 min 90€
Starting with Shellac nail polish and enjoying a foot bath, exfoliation and a relaxing foot and leg massage renews and restores feet to silky smoothness.

CND SHELLAC REMOVALS 20 min 30€
(Price included if you take CND Mani/Pedi)

MASSAGES

VALLUGA MASSAGE	45 min 85€	60min 110€
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A relaxing full body massage that will help you reduce stress and improve circulation. This session will deeply relax your body with long and gentle pressure manoeuvres.

DEEP TISSUE MASSAGE	30 min 70 €	60 min 130€
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Massage with therapeutic techniques that incorporates slow manoeuvres of pressure to treat the deeper layers of muscle fibres. This massage will help you release chronic patterns of tension that create painful conditions.

HOT STONES	60 min 115€	90 min 160€
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The nature and you! Your body will feel harmony, balance, and peace with this ancient body therapy. Heated Basalt stones placed on specific points of your body, causes muscles, tissues, and mind to relax. Includes an express face cleanse and facial stone massage

BACK, NECK & SHOULDERS	30 min	65€
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A concentrated massage of the back, neck & shoulders. Strength and pressure is determined by your individual needs

FACE & SCALP	30 min	65€
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An ideal treatment for those prone to headaches and sinus problems or enjoy and relax

LEGS & FEET	30 min	65€
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A reviving, soothing and cooling massage after a long day on your feet

FACIAL TREATMENTS

SIGNATURE FACIAL	45 min 75€	60 min 95€
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Customized for your skin type and condition. Includes consultation, face cleanse, exfoliation, steam & extractions if necessary, relaxing face & scalp massage, masque, toner, eye cream and moisturizer.

MEN'S TREAT	60 min	95€
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Tailored for men's specific needs. Leaves your skin revitalized and relaxed. Includes face cleanse, exfoliation, steam & extractions, face & scalp massage, masque, and a hand massage with a softening hand crème.

MINI FACIAL	30min	65€
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Cleansing, exfoliation, face mask & hydration

EXTRAS

EYELASH TINTING	15 min	30€
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You can run out the door with no mascara or do not worry about your mascara running.

EYEBROW TINTING	10 min	20€
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No more filling in your brows! Gives you colour, shape & thickness.

EYEBROW SHAPING	20 min	20€
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Change the shape or just tidy your brows.
Can also be added to any of our treatments